

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>9:45 Rhythm &amp; Drums from Many Lands <b>31</b></p> <p>10:30 Art with Betty</p> <p>10:45 Chronology Trivia</p> <p>2:00 Concert Pianist Myron Fink!</p> <p>3:15 Dr. Ed Moses Discussion</p>	<p><i>Assisted Living</i></p>			<p>Monthly Theme</p> 	<p>9:30 Fitness with Anastasia</p> <p>10:45 People &amp; Profiles <b>1</b></p> <p>1:15 Flower Arranging</p> <p>1:30 Kibbitzing with Nonnie</p> <p>2:00 Patti's Shabbat Celebration!</p> <p>3:30 Shabbat Service</p> <p>5:30 Candlelighting</p>	<p>10:00 Shabbat Service <b>2</b></p> <p>1:30 Oneg Shabbat Gathering</p> <p>2:30 Jewish Netflix Series: Shtisel</p> <p>3:30 Students on Stage: PLAY Leadership</p>
<p>9:45 Rhythm &amp; Drums from Many Lands <b>3</b></p> <p>10:30 Art with Betty</p> <p>10:45 Chronology Trivia</p> <p>1:45 Bingo Party!</p> <p>3:15 Saturday Night Band</p>	<p>9:30 Anastasia's Balance Class <b>4</b></p> <p>10:45 This &amp; That Cafe Chat</p> <p>1:30 Mark Levy Presents: Yiddish Songs of Celebration</p> <p>1:30 Art with Betty</p> <p>2:00 Scrabble Group</p> <p>2:45 Dancing to Broadway!</p> <p>3:45 Nonnie's Knitters</p>	<p>Mardi Gras <b>5</b></p> <p>9:30 Lois' Stretch &amp; Strengthen</p> <p>10:45 Word Game Variety</p> <p>1:00 Poker</p> <p>2:00 Art with Betty</p> <p>2:00 Gloria &amp; Sheldon Present: 3 Minutes on Gratitude- Who Packed Your Parachute?</p> <p>3:30 Black Jack</p> <p>6:00 Comedy TV Series: The Marvelous Mrs. Maisel: Season 1</p>	<p>9:30 Yuko's Musical Fitness <b>6</b></p> <p>10:00 Menu Committee</p> <p>10:45 Fun with Yiddish</p> <p>1:15 Bingo with Beth Abraham</p> <p>2:30 Purim Rehearsal</p> <p>3:15 Banjo Jack is Coming to Town!</p>	<p>Crayon Initiative Outing <b>7</b></p> <p>9:30 Lois' Stretch &amp; Strengthen</p> <p>10:15 Beading &amp; Jewelry</p> <p>10:45 Parish Visits</p> <p>1:30 Fall Prevention &amp; Balance</p> <p>1:30 Beginning Mahjong with Susie &amp; Susan</p> <p>2:00 Art with Betty</p> <p>2:30 Achi's Reutlinger Harmony Chorus</p> <p>3:30 Black Jack</p>	<p>Brunch Outing <b>8</b></p> <p>9:30 Fitness with Anastasia</p> <p>10:45 Armchair Travel</p> <p>11:00 Brunch for Lunch</p> <p>1:15 Flower Arranging</p> <p>1:30 Sing Along with Achi</p> <p>3:30 Musical Shabbat Service</p> <p>5:30 Candlelighting</p>	<p>10:00 Shabbat Service <b>9</b></p> <p>1:30 Jazz Guitar &amp; Vocals with Martin!</p> <p>2:30 Group Crossword Puzzle</p> <p>3:30 Jewish Netfliz Series: Shtisel</p>
<p>Daylight Savings- Spring Forward <b>10</b></p> <p>10:00 PURIM VISIT with Congregation B'nai Tikvah</p> <p>1:45 Bingo Party!</p> <p>3:15 In the Swing Jazz Band</p>	<p>9:30 Anastasia's Balance Class <b>11</b></p> <p>10:45 This &amp; That Cafe Chat</p> <p>1:30 Opera Enrichment with Dr. Tallarico</p> <p>2:00 Scrabble Group</p> <p>3:20 Wendy the Harpist</p>	<p>9:30 Lois' Stretch &amp; Strengthen <b>12</b></p> <p>10:45 Newcomer's Welcome Tea Social</p> <p>10:45 Word Game Variety</p> <p>1:00 Poker</p> <p>2:00 Presentation by Ken Blady: Exotic Jewish Communities Around the World</p> <p>3:30 April Calendar Planning Committee</p> <p>6:00 OMA Program: Opening Minds Through Art</p>	<p>9:30 Yuko's Musical Fitness <b>13</b></p> <p>10:45 Fun with Yiddish</p> <p>1:00 Beading &amp; Jewelry</p> <p>1:45 Manny's Men's Group</p> <p>2:00 Group Crossword Puzzle</p> <p>2:30 Purim Rehearsal</p> <p>3:15 Kate &amp; Dan's Queen of Hearts</p>	<p>Paul's Birthday <b>14</b></p> <p>9:30 Lois' Stretch &amp; Strengthen</p> <p>10:45 Manicures with Lori</p> <p>10:45 Parish Visits</p> <p>1:30 Fall Prevention &amp; Balance</p> <p>1:30 Beginning Mahjong with Susie &amp; Susan</p> <p>2:30 Achi's Reutlinger Harmony Chorus</p> <p>3:30 Residents Council Meeting</p> <p>6:30 Bingo with Beth Chaim</p>	<p>Brunch Outing <b>15</b></p> <p>Renee K. &amp; Henry's Birthday</p> <p>9:30 Fitness with Anastasia</p> <p>11:00 Karen's Musical Memories</p> <p>11:00 Brunch for Lunch</p> <p>1:15 Flower Arranging</p> <p>2:00 Kibbitzing with Nonnie</p> <p>3:30 Shabbat Service</p> <p>5:30 Candlelighting</p>	<p>10:00 Shabbat Service <b>16</b></p> <p>1:30 Oneg Shabbat Gathering</p> <p>2:30 Jewish Netflix Series: Shtisel</p> <p>3:30 Students on Stage: Global Leadership Initiative</p>
<p>9:45 Fitness &amp; Weights <b>17</b></p> <p>10:00 Making Hamantaschen with Carol &amp; Mushky</p> <p>10:45 Chronology Trivia</p> <p>1:45 Bingo Party!</p> <p>3:30 Hashirim Musical Performance</p>	<p>9:30 Anastasia's Balance Class <b>18</b></p> <p>10:00 Town Hall</p> <p>1:30 Purim Rehearsal</p> <p>2:00 Scrabble Group</p> <p>3:00 Purim Songs with Mark Levy</p>	<p>Renee K.'s Birthday <b>19</b></p> <p>9:30 Lois' Stretch &amp; Strengthen</p> <p>10:45 Ask the Rabbi</p> <p>1:30 Singing with Rabbi Raleigh!</p> <p>2:30 Final Purim Rehearsal</p> <p>3:15 Black Jack</p> <p>6:00 Comedy TV Series: The Marvelous Mrs. Maisel: Season 1</p>	<p>Purim Begins at Sundown <b>20</b></p> <p>9:30 Yuko's Musical Fitness</p> <p>10:45 Katie's Nutrition Corner</p> <p>1:45 Folk Guitar with Scott</p> <p>3:00 Purim Holiday Matinee: Esther &amp; the King</p> <p>6:15 Annual Purim Shpiel!</p>	<p>Purim <b>21</b></p> <p>10:00 Reading of the Megilah</p> <p>10:45 Parish Visits</p> <p>1:30 Fall Prevention &amp; Balance</p> <p>1:30 Beginning Mahjong with Susie &amp; Susan</p> <p>2:30 Achi's Reutlinger Harmony Chorus</p> <p>3:45 Irish Dancers Performance!</p>	<p>9:30 Fitness with Anastasia <b>22</b></p> <p>10:45 Contra Costa ACOA Presents: Awareness &amp; Prevention of Elder Financial Abuse</p> <p>1:15 Flower Arranging</p> <p>1:30 Kibbitzing with Nonnie</p> <p>2:00 Patti's Shabbat Celebration!</p> <p>3:30 Shabbat Service</p> <p>5:30 Candlelighting</p>	<p>10:00 Musical Shabbat <b>23</b></p> <p>1:30 Sing Along with Achi</p> <p>2:30 Jewish Netflix Series: Shtisel</p> <p>3:30 Students on Stage: Music4America</p>
<p>9:45 Fitness &amp; Weights <b>24</b></p> <p>10:45 Chronology Trivia</p> <p>2:00 Better Together Film Festival</p> <p>3:15 Bingo Party!</p>	<p>9:30 Anastasia's Balance Class <b>25</b></p> <p>10:45 This &amp; That Cafe Chat</p> <p>1:15 Curtain Up with Bonnie: Vaudeville!</p> <p>2:00 Scrabble Group</p> <p>2:45 Dancing to Broadway!</p> <p>3:45 Wii Jeopardy</p>	<p>9:30 Lois' Stretch &amp; Strengthen <b>26</b></p> <p>10:45 Ask the Rabbi</p> <p>2:00 Presentation by Ken Blady: Exotic Jewish Communities Around the World</p> <p>2:00 Art with Betty</p> <p>3:15 Monthly Birthday Social with Ed Davin!</p> <p>6:00 OMA Program: Opening Minds Through Art</p>	<p>Warren's Birthday <b>27</b></p> <p>9:30 Chi Gung &amp; Mindful Living</p> <p>10:30 Yuko's Musical Fitness</p> <p>1:30 Manny's Men's Group</p> <p>2:00 Jewish Art Appreciation with Rene'e Powell</p> <p>3:15 Yakov the Violinist- Music from Many Lands!</p> <p>6:00 Mussar Class with Rabbi</p>	<p>9:30 Lois' Stretch &amp; Strengthen <b>28</b></p> <p>10:45 Vicky's Name the Tune!</p> <p>10:45 Parish Visits</p> <p>1:30 Fall Prevention &amp; Balance</p> <p>1:30 Beginning Mahjong with Susie &amp; Susan</p> <p>2:00 Art with Betty</p> <p>2:30 Achi's Reutlinger Harmony Chorus</p> <p>3:45 HICAP Informative Medicare Presentation &amp; Assistance</p>	<p>National Vietnam War Veterans Day <b>29</b></p> <p>Bob's Birthday</p> <p>9:30 Fitness with Anastasia</p> <p>10:45 People &amp; Profiles</p> <p>1:15 Flower Arranging</p> <p>1:30 Kibbitzing with Nonnie</p> <p>2:00 Patti's Shabbat Celebration!</p> <p>3:30 Shabbat Service</p> <p>5:30 Candlelighting</p>	<p>Lynne's Birthday <b>30</b></p> <p>10:00 Shabbat Service</p> <p>1:30 Oneg Shabbat Gathering</p> <p>2:30 Presenting: Black Olive Jazz Extravaganza!</p>

# March 2019