




**SUN MON TUE WED THUR FRI SAT**

<p><i>Assisted Living</i></p>		 <p>LADY'S MONTH</p>	<p>9:30 Yuko's Musical Fitness (Theater) <b>1</b>  <b>10:00 Menu Committee (Private Dining)</b>  <b>10:45 Katie's Nutrition Corner (Polse)</b>  <b>1:15 Bingo with Beth Abraham (Enrichment)</b>  <b>2:00 Farewell Social (Enrichment)</b>  <b>3:00 Songs of Hope &amp; Resistance with Mark Levy! (Enrichment)</b></p>	<p><b>Yom HaShoah</b>  <b>9:30 Lois' Stretch &amp; Strengthen (Polse)</b> <b>2</b>  <b>10:45 Synagogue Open All Day for Personal Prayer &amp; Meditation</b>  <b>10:45 Parish Visits (In Room)</b>  <b>1:30 Achi- Yes We Sang!</b>  <b>3:00 "Spielberg's Shoah Foundation" Viewing: Featuring: Our Very Own Lorraine Stone (Enrichment)</b></p>	<p><b>9:30 Fitness with Anastasia (Polse)</b> <b>3</b>  <b>10:45 Current Events with Janet</b>  <b>1:15 Flower Arranging (Private Dining)</b>  <b>2:00 Singing with Achi! (1st Floor)</b>  <b>3:30 Musical Shabbat Services (Synagogue)</b>  <b>5:30 Candlelighting (Main Dining)</b></p>	<p><b>Ben's Birthday</b>  <b>10:00 Shabbat Service</b> <b>4</b>  <b>2:00 Fitness &amp; Weights (Polse)</b>  <b>3:00 Jewish Netflix Series: Shtisel (Enrichment)</b>  <b>3:30 Students on Stage: PLAY Music Group (1st Floor)</b></p>
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<p><b>Cinco de Mayo Sheldon's Birthday</b> <b>5</b>  <b>9:45 Rhythm &amp; Drums from Many Lands (1st Floor)</b>  <b>10:30 Art with Betty (Art Studio)</b>  <b>11:00 Chronology Trivia (Theater)</b>  <b>12:00 Cinco de Mayo Luncheon with Mariachi Band! (Main Dining)</b>  <b>1:45 Ice Cream Social- Volunteer Appreciation (Enrichment)</b>  <b>3:30 Young Vivacious Violinists (1st Floor)</b></p>	<p><b>9:30 Israeli Folk Dancing with Janet (Polse)</b> <b>6</b>  <b>10:45 Teddy Roosevelt &amp; the Jews (Cafe)</b>  <b>1:30 Art with Betty (Art Studio)</b>  <b>2:00 National Nurses Day! Ice Cream Social (Main Dining)</b>  <b>3:30 Gloria &amp; Sheldon Present: Monterey Bay Aquarium (Polse)</b></p>	<p><b>9:30 Lois' Stretch &amp; Strengthen (Polse)</b> <b>7</b>  <b>10:45 Group Crossword Puzzle (Theater)</b>  <b>1:00 Poker (Atrium)</b>  <b>2:00 Presentation by Ken Blady: Exotic Jewish Communities Around the World (Enrichment)</b>  <b>2:00 Art with Betty (Art Studio)</b>  <b>3:15 The Good Book Says with Janet (Theater)</b>  <b>6:00 OMA Program: Opening Minds Through Art (Enrichment)</b></p>	<p><b>Gloria's Birthday! Yom HaZikaron</b> <b>8</b>  <b>9:30 Yuko's Musical Fitness (Theater)</b>  <b>10:45 Fun with Yiddish (Polse)</b>  <b>1:00 Beading &amp; Jewelry (Enrichment)</b>  <b>3:15 Kate &amp; Dan's Queen of Hearts (1st Floor)</b>  <b>3:30 Medicare Counseling with Linda (Enrichment)</b>  <b>3:30 Scrabble Group (Polse)</b>  <b>6:15 Open Mending Consultation</b></p>	<p><b>Yom HaAtzma'ut</b> <b>9</b>  <b>9:30 Lois' Stretch &amp; Strengthen (Polse)</b>  <b>10:45 Town Hall (1st Floor)</b>  <b>10:45 Parish Visits (In Room)</b>  <b>1:30 Fall Prevention &amp; Balance (Enrichment)</b>  <b>1:30 Beginning Mahjong (Theater)</b>  <b>2:00 Art with Betty (Art Studio)</b>  <b>2:30 Achi's Reutlinger Harmony Chorus: Tribute to Israeli Independence! (Enrichment)</b>  <b>3:30 Residents Council Meeting (Enrichment)</b></p>	<p><b>9:30 Fitness with Anastasia (Polse)</b> <b>10</b>  <b>10:45 Curtain Up with Bonnie (Enrichment)</b>  <b>1:15 Flower Arranging (Private Dining)</b>  <b>2:00 Patti's Shabbat Celebration! (1st Floor)</b>  <b>3:00 Kibitzer Writing Committee (Enrichment)</b>  <b>3:30 Shabbat Service</b>  <b>5:30 Candlelighting (Main Dining)</b></p>	<p><b>Marvin's Birthday</b> <b>11</b>  <b>10:00 Shabbat Service</b>  <b>2:00 Fitness &amp; Weights (Polse)</b>  <b>3:00 Jewish Netflix Series: Shtisel (Enrichment)</b>  <b>3:30 Students on Stage: PLAY Leadership (1st Floor)</b></p>
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<p><b>Mother's Day</b> <b>12</b>  <b>9:45 Rhythm &amp; Drums from Many Lands (1st Floor)</b>  <b>10:30 Art with Betty (Art Studio)</b>  <b>11:00 Chronology Trivia (Theater)</b>  <b>12:00 Mother's Day Luncheon with Lovely Harpist Wendy (Main Dining)</b>  <b>1:30 Musical Performance: Lovin' Harmony! (1st Floor)</b>  <b>3:15 Bingo Party! (Theater)</b></p>	<p><b>9:30 Anastasia's Balance Class (Polse)</b> <b>13</b>  <b>10:45 What's in the News? (Cafe)</b>  <b>12:00 Temple Isaiah Members Luncheon (Private Dining)</b>  <b>1:30 Mark Levy Presents: Songs of Mamaloshn (Enrichment)</b>  <b>1:30 Art with Betty (Art Studio)</b>  <b>2:45 Israeli Folk Dancing Exercise (Enrichment)</b>  <b>3:30 Bridge</b>  <b>3:45 Trivia Challenge (Enrichment)</b></p>	<p><b>9:30 Lois' Stretch &amp; Strengthen (Polse)</b> <b>14</b>  <b>10:45 Group Crossword Puzzle (Theater)</b>  <b>1:00 Poker (Atrium)</b>  <b>1:45 Crayon Initiative: In House Mitzvah Project!</b>  <b>2:00 Art with Betty (Art Studio)</b>  <b>3:15 Jewish Art Appreciation with Rene'e Powell (Polse)</b>  <b>6:00 OMA Program: Opening Minds Through Art (Enrichment)</b></p>	<p><b>9:30 Chi Gung &amp; Mindful Living (Theater)</b> <b>15</b>  <b>10:30 Yuko's Musical Fitness (Theater)</b>  <b>1:45 Manny's Men's Group (Theater)</b>  <b>2:00 Word Game Variety (Enrichment)</b>  <b>3:15 Folk Guitar with Scott! (1st Floor)</b>  <b>3:30 Scrabble Group (Polse)</b></p>	<p><b>ISLAND LUAU DAY!</b> <b>16</b>  <b>9:30 Lois' Stretch &amp; Strengthen (Polse)</b>  <b>10:45 Cook's Corner: Pineapple Muffins (Enrichment)</b>  <b>10:45 Parish Visits (In Room)</b>  <b>12:00 BBQ Luau Luncheon! (Main Dining)</b>  <b>1:15 Achi's Harmony Chorus: Island Luau (1st Floor)</b>  <b>1:30 Beginning Mahjong (Theater)</b>  <b>2:00 Art with Betty (Art Studio)</b>  <b>2:15 South Pacific Viewing &amp; Singing! (Enrichment)</b>  <b>6:00 Mussar Class with Rabbi (Enrichment)</b></p>	<p><b>BRUNCH</b> <b>17</b>  <b>9:30 Fitness with Anastasia (Polse)</b>  <b>11:00 Karen's Musical Memories (1st Floor)</b>  <b>11:00 Brunch for Lunch (Front Desk)</b>  <b>1:15 Flower Arranging (Private Dining)</b>  <b>2:00 Jerry Presents: Writings of a Contemplative Soul- Antisemitism</b>  <b>3:30 Shabbat Service</b>  <b>5:30 Candlelighting (Main Dining)</b></p>	<p><b>10:00 Shabbat Service</b> <b>18</b>  <b>2:00 Fitness &amp; Weights (Polse)</b>  <b>3:00 Jewish Netflix Series: Shtisel (Enrichment)</b>  <b>3:30 Students on Stage: Global Leadership Initiative (GLIFY) (1st Floor)</b></p>
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<p><b>9:45 Mindful Movement (Polse)</b> <b>19</b>  <b>10:30 Art with Betty (Art Studio)</b>  <b>11:00 Chronology Trivia (Theater)</b>  <b>12:00 Better Together Luncheon (Private Dining)</b>  <b>1:45 Bingo Party! (Theater)</b>  <b>3:15 Erin Plus One (1st Floor)</b></p>	<p><b>Annabelle &amp; Gail's Birthday!</b> <b>20</b>  <b>9:30 Anastasia's Balance Class (Polse)</b>  <b>10:45 This &amp; That Cafe Chat (Cafe)</b>  <b>1:30 Art with Betty (Art Studio)</b>  <b>1:45 Presentation by the Lion's Center: Tools &amp; Resources for Low Vision! (Enrichment)</b>  <b>2:45 Dancing to Broadway! (Enrichment)</b>  <b>3:30 Bridge</b>  <b>3:45 Nonnie's Knitters (Enrichment)</b></p>	<p><b>9:30 Lois' Stretch &amp; Strengthen (Polse)</b> <b>21</b>  <b>10:45 Group Crossword Puzzle (Theater)</b>  <b>1:00 Poker (Atrium)</b>  <b>2:00 Presentation by Ken Blady: Exotic Jewish Communities Around the World (Enrichment)</b>  <b>2:00 Art with Betty (Art Studio)</b>  <b>3:15 The Good Book Says with Janet (Theater)</b>  <b>6:00 OMA Program: Opening Minds Through Art (Enrichment)</b></p>	<p><b>Erev Lag B'Omer SF OUTING MONET</b> <b>22</b>  <b>9:30 Yuko's Musical Fitness (Theater)</b>  <b>10:45 Fun with Yiddish (Polse)</b>  <b>1:00 Beading &amp; Jewelry (Enrichment)</b>  <b>3:15 Yakov the Violinist- Music from Many Lands! (1st Floor)</b>  <b>3:30 Scrabble Group (Polse)</b>  <b>6:15 Lag B'Omer Bonfire &amp; Smores (Patio)</b></p>	<p><b>Lag B'Omer</b> <b>23</b>  <b>9:30 Lois' Stretch &amp; Strengthen (Polse)</b>  <b>10:15 Manicures with Lori (Enrichment)</b>  <b>10:45 Parish Visits (In Room)</b>  <b>1:30 Fall Prevention &amp; Balance (Enrichment)</b>  <b>1:30 Beginning Mahjong (Theater)</b>  <b>2:00 Art with Betty (Art Studio)</b>  <b>2:30 Achi's Reutlinger Harmony Chorus (Enrichment)</b>  <b>4:00 "Take Flight!" National Wine Day (Private Dining)</b>  <b>6:30 Bingo with Beth Chaim (Enrichment)</b></p>	<p><b>Marci's Birthday</b> <b>24</b>  <b>9:30 Fitness with Anastasia (Polse)</b>  <b>10:45 People &amp; Profiles (Enrichment)</b>  <b>1:15 Flower Arranging (Private Dining)</b>  <b>1:30 Kibbitzing with Nonnie (Cafe)</b>  <b>2:00 Patti's Shabbat Celebration! (1st Floor)</b>  <b>3:30 Shabbat Service</b>  <b>5:30 Candlelighting (Main Dining)</b></p>	<p><b>Raya's Birthday</b> <b>25</b>  <b>10:00 Musical Shabbat (Synagogue)</b>  <b>10:00 Shabbat Service</b>  <b>1:30 Sing Along with Achi</b>  <b>2:00 Fitness &amp; Weights (Polse)</b>  <b>2:30 Refreshment Social (1st Floor)</b>  <b>3:00 Jewish Netflix Series: Shtisel (Enrichment)</b>  <b>3:30 Students on Stage: Music4America (1st Floor)</b></p>
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<p><b>9:45 Mindful Movement (Polse)</b> <b>26</b>  <b>10:30 Art with Betty (Art Studio)</b>  <b>11:00 Chronology Trivia (Theater)</b>  <b>1:45 Bingo Party! (Theater)</b>  <b>1:45 Classical Piano with James</b>  <b>3:15 Bingo Party! (Theater)</b></p>	<p><b>Memorial Day</b> <b>27</b>  <b>9:30 Fitness with Nonnie (Polse)</b>  <b>10:45 This &amp; That Cafe Chat (Cafe)</b>  <b>1:30 Art with Betty (Art Studio)</b>  <b>1:45 Dancing to Broadway!</b>  <b>2:45 Wii Jeopardy (Enrichment)</b>  <b>3:30 Bridge</b>  <b>3:45 Nonnie's Knitters (Enrichment)</b></p>	<p><b>Ruth's Birthday!</b> <b>28</b>  <b>9:30 Lois' Stretch &amp; Strengthen (Polse)</b>  <b>10:45 Group Crossword Puzzle (Theater)</b>  <b>1:00 Poker (Atrium)</b>  <b>1:30 Singing with Rabbi Raleigh! (1st Floor)</b>  <b>2:00 Art with Betty (Art Studio)</b>  <b>3:15 The Good Book Says with Janet (Theater)</b>  <b>6:00 OMA Program: Opening Minds Through Art (Enrichment)</b></p>	<p><b>Annette's Birthday</b> <b>29</b>  <b>9:30 Yuko's Musical Fitness (Theater)</b>  <b>1:00 Beading &amp; Jewelry (Enrichment)</b>  <b>1:45 Manny's Men's Group (Theater)</b>  <b>3:15 Monthly Birthday Social with Ed Davin! (1st Floor)</b>  <b>3:30 Scrabble Group (Polse)</b></p>	<p><b>9:30 Lois' Stretch &amp; Strengthen (Polse)</b> <b>30</b>  <b>10:45 Vicky's Name the Tune! (Enrichment)</b>  <b>10:45 Parish Visits (In Room)</b>  <b>1:30 Fall Prevention &amp; Balance (Enrichment)</b>  <b>1:30 Beginning Mahjong (Theater)</b>  <b>2:30 Achi's Reutlinger Harmony Chorus (Enrichment)</b>  <b>3:45 Black Jack (Theater)</b>  <b>6:15 What's Jerusalem Mean To Me? With Janet (Enrichment)</b></p>	<p><b>BRUNCH</b> <b>31</b>  <b>9:30 Fitness with Anastasia (Polse)</b>  <b>10:45 Armchair Travel (Enrichment)</b>  <b>11:00 Brunch for Lunch (Front Desk)</b>  <b>1:15 Flower Arranging (Private Dining)</b>  <b>1:30 Kibbitzing with Nonnie (Cafe)</b>  <b>2:00 Patti's Shabbat Celebration! (1st Floor)</b>  <b>3:30 Shabbat Service</b>  <b>5:30 Candlelighting (Main Dining)</b></p>	 <p><b>EVENING MOVIES AVAILABLE THROUGH CHANNEL 80 at 7pm</b></p>
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**May 2019**

