
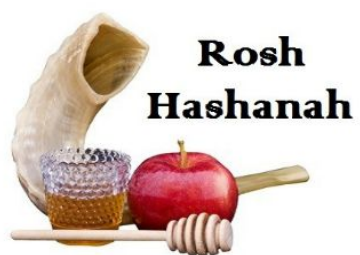




SUN	MON	TUE	WED	THUR	FRI	SAT	
<b>1</b> 9:45 <i>Exercise with Alvin!</i> 11:00 Chronology Trivia 1:45 Bingo Party! 3:30 Music with Synta McCalla	<b>2</b> <b>Labor Day</b> 9:30 Anastasia's Balance Class 10:45 Bingo Party! <b>1:45 All The President's Men! Theater</b> <b>7:00 Who's That Knocking on My Door! Theater Film</b>	<b>3</b> 9:30 Lois' Stretch & Strengthen 10:45 Group Crossword Puzzle 1:00 Poker 2:00 Art with Betty <b>3:00 History Trivia!</b>	<b>4</b> 9:30 Fitness with Anastasia <b>10:00 Menu Committee</b> <b>10:45 Katie's Nutrition Corner</b> <b>1:15 Bingo with Beth Abraham</b> 3:00 Getting to Know You! <b>3:30 Scrabble Group</b>	<b>5</b> 9:30 Lois' Stretch & Strengthen 10:45 Parish Visits 11:00 Songs with Mark Levy <b>1:00 Beading &amp; Jewelry</b> 1:30 Fall Prevention & Balance 2:00 Art with Betty <b>2:30 Achi's Reutlinger Harmony Chorus</b> 3:45 Black Jack	<b>6</b> <b>Brunch For Lunch, Sunrise Bistro</b> 9:30 Klezmercise! with Bruce <b>10:30 Ceramics Class</b> <b>11:00 Sunrise Bistro Outing!</b> <b>1:15 Flower Arranging</b> 1:30 Beading with Ellen! <b>3:30 Shabbat Service</b> 5:15 Candlelighting	<b>7</b> <b>10:00 Shabbat Service</b> 11:00 The Fromm Institute of Lifelong Learning at USF <b>2:00 Zumba Gold with Mary</b> 3:00 Jewish Netflix Series: Shtisel <b>3:30 Students on Stage!</b>	
<b>8</b> <b>9:45 Rhythm &amp; Drums W/ Katja</b> 10:30 Art with Betty 11:00 Chronology Trivia 1:45 Bingo Party! <b>3:00 Rifka Amando's Sephardic Concert!</b>	<b>9</b> <b>Nedda K's Birthday!</b> 9:30 Anastasia's Balance Class <b>10:45 Crayon Initiative: In House Mitzvah Project!</b> <b>1:30 Manny's Men's Group</b> 1:30 Art with Betty 2:45 Outing to the Crayon Initiative	<b>10</b> <b>Lucretia B's Birthday!</b> 9:30 Lois' Stretch & Strengthen 10:00 Pet Pack, with Sue and Cooper <b>10:45 Ask the Rabbi</b> 1:00 Poker 2:00 Group Crossword Puzzle 2:00 Art with Betty 3:00 Jewish History!	<b>11</b> <b>Patriot Day</b> 9:30 Fitness with Anastasia <b>10:00 Pet Pack with Barbara and Karma</b> <b>10:45 Fun with Yiddish</b> <b>1:00 Beading &amp; Jewelry</b> <b>2:00 Presentation by Ken Blady: Exotic Jewish Communities Around the World</b> <b>3:15 Kate &amp; Dan's Queen of Hearts</b> <b>3:30 Scrabble Group</b>	<b>12</b> <b>Miriam S's Birthday!</b> 9:30 Lois' Stretch & Strengthen 10:45 Parish Visits 1:30 Fall Prevention & Balance 2:00 Art with Betty <b>2:30 Achi's Reutlinger Harmony Chorus</b> <b>3:30 Residents Council Meeting</b>	<b>13</b> 9:30 Musical Theater with Bruce 10:45 Ceramics Class! <b>1:15 Flower Arranging</b> 1:30 Tea Party with The Founding Fathers 3:00 Klezmercise with Bruce! <b>3:30 Shabbat Service</b> 5:15 Candlelighting	<b>14</b> <b>10:00 Shabbat Service</b> 11:00 The Fromm Institute of Lifelong Learning at USF <b>2:00 Zumba Gold with Mary</b> 3:00 Jewish Netflix Series: Shtisel <b>3:30 Students on Stage!</b>	
<b>15</b> <b>9:45 Rhythm &amp; Drums W/ Katja</b> 10:30 Art with Betty 11:00 Chronology Trivia <b>12:00 Chef's Favorite Dessert!</b> 1:45 Bingo Party! <b>3:15 "Erin Plus One" Concert</b>	<b>16</b> 9:30 Anastasia's Balance Class 10:45 This & That Cafe Chat <b>12:00 Hispanic Heritage Month Chef Demo!</b> 1:30 Art with Betty 2:45 Dancing to Broadway! 3:45 Hikus for Jews <b>5:15 Order In Mexican Food for Dinner!</b>	<b>17</b> <b>Constitution Day and Citizenship Day</b> 9:30 Lois' Stretch & Strengthen <b>10:45 Ask the Rabbi</b> <b>12:00 Comedy Show Lunch with Chef!</b> 1:00 Poker 2:00 Art with Betty 3:00 What is the Constitution?	<b>18</b> 9:30 Fitness with Anastasia 9:45 Pet Pack with Catherine, Theo, Jeanne and Maddie <b>1:00 Beading &amp; Jewelry</b> <b>2:00 Video Mish Mash, New Videos with Gloria and Sheldon!</b> <b>3:30 Scrabble Group</b>	<b>19</b> 9:30 Lois' Stretch & Strengthen <b>10:45 The Kabbalah Project!</b> 10:45 Parish Visits 1:30 Fall Prevention & Balance <b>2:30 Achi's Reutlinger Harmony Chorus</b> 3:45 Black Jack	<b>20</b> <b>National POW/MIA Recognition Day</b> 9:30 Klezmercise! with Bruce <b>11:00 Karen's Musical Memories</b> <b>11:00 Brunch for Lunch</b> <b>1:15 Flower Arranging</b> 1:30 Kibbitzing with Nonnie <b>2:15 Wendy the Harpist</b> <b>3:30 Shabbat Service</b> 5:15 Candlelighting	<b>21</b> <b>10:30 Musical Shabbat with Achi</b> 11:00 The Fromm Institute of Lifelong Learning at USF <b>1:30 Selichot Service</b> <b>2:00 Zumba Gold with Mary</b> 3:00 Jewish Netflix Series: Shtisel <b>3:30 Students on Stage!</b> <b>3:30 Havdalah Selichot Service</b>	
<b>22</b> <b>9:45 Rhythm &amp; Drums W/ Katja</b> 11:00 Chronology Trivia 1:45 Bingo Party! <b>3:15 Musical Concert with Ed Davin!</b>	<b>23</b> 9:30 Anastasia's Balance Class 10:45 This & That Cafe Chat <b>1:30 Manny's Men's Group</b> 1:45 You Be The Judge! 2:45 Dancing to Broadway! 3:45 Jeopardy!	<b>24</b> 9:30 Lois' Stretch & Strengthen <b>10:45 Ask the Rabbi</b> 1:00 Poker <b>2:00 Presentation by Ken Blady: Exotic Jewish Communities Around the World</b> 2:00 Art with Betty	<b>25</b> <b>Oakland Zoo Outing!</b> 9:30 Fitness with Anastasia <b>10:45 Fun with Yiddish</b> <b>1:00 Oakland Zoo Outing!</b> <b>1:00 Beading &amp; Jewelry</b> <b>3:15 Yakov Musical Talent!</b> <b>6:00 Mussar Class</b>	<b>26</b> 9:30 Lois' Stretch & Strengthen <b>10:45 Vicky's Name the Tune!</b> 10:45 Parish Visits 1:30 Fall Prevention & Balance 2:00 Art with Betty <b>2:30 Achi's Reutlinger Harmony Chorus</b> 3:45 Black Jack	<b>27</b> 9:30 Klezmercise! with Bruce <b>10:30 Dr. Ed Moses Discussion</b> <b>10:45 Brunch for Lunch!</b> <b>1:15 Flower Arranging</b> 1:30 Kibbitzing with Nonnie <b>3:30 Shabbat Service</b> 5:15 Candlelighting	<b>28</b> <b>10:00 Shabbat Service</b> 11:00 The Fromm Institute of Lifelong Learning at USF <b>2:00 Zumba Gold with Mary</b> 3:00 Jewish Netflix Series: Shtisel <b>3:30 Students on Stage!</b>	
<b>29</b> <b>Rosh Hashanah Begins at Sundown</b> <b>Rosh Hashanah, No Activities</b> <b>5:00 Rosh Hashanah Special Dinner!</b> <b>6:30 Erev Rosh HaShanah Service</b>	<b>30</b> <b>Rosh Hashanah, No Activities</b> <b>9:00 Rosh HaShanah Service</b> 12:00 Rosh Hashanah Special Lunch! 2:00 Tashlich Service <b>5:00 Rosh Hashanah Special Dinner!</b>	<b>Assisted Living</b>					

# September 2019

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